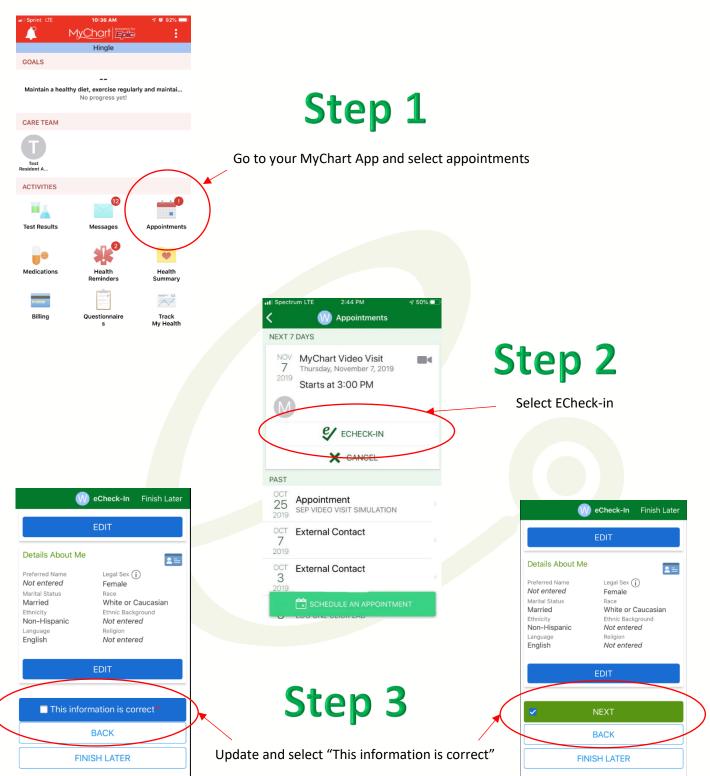


Video Visit Tip Sheet

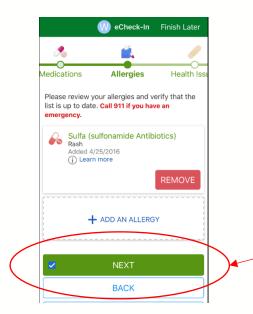
Any phone/tablet, android or apple, can complete video visits if it has a working microphone, speaker, and camera. You must also have access to a wireless network or high-speed data connection through your wireless carrier.

Download MyChart App to your mobile or tablet.
Complete your free simulation appointment to make sure you're comfortable with the video visit process. (<i>This step is optional</i>)
Turn on the volume.
Verify the front facing camera works.
Confirm your provider's office number.
Dress appropriately for your visit.
Log on 5 minutes early to complete your eCheck-in.
Find a private quiet space.
Adjust the lighting and camera as needed.
Have an up to date list of medications with dosing, should you need to reference this.



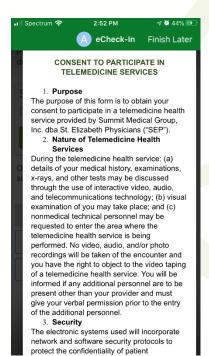






Step 4

Update Medications, Allergies, and other health issues. Click "This information is correct" after updating and click Next



Step 5

Click Yes if you are currently located in the same state as your providers practice. If you agree to the "Terms and Conditions" and "Consent to Participate" E-sign.





