

Frozen Yogurt Cupcakes

Ingredients

- 1½ cups of oats
- 1/4 cup of peanut butter
- 6 tablespoons of honey, divided
- 2 cups of plain Greek yogurt, divided
- 1/2 cup of strawberries, chopped
- 1/4 cup of raspberries, smashed
- 1/4 cup of blueberries, smashed
- Berries for garnish

Instructions

1. In a bowl, combine oats, peanut butter, and 2 tablespoons of honey. Stir until evenly incorporated.
2. In a muffin tin, add muffin liners and press the oat mixture into the bottom of all 12 cups.
3. For the strawberry filling, add 1 cup of Greek yogurt, 2 tablespoons of honey, and chopped strawberries in a separate bowl. Stir until combined.
4. For the berry filling, add 1 cup of Greek yogurt, 2 tablespoons of honey, and smashed raspberries and blueberries in a separate bowl. Stir until combined.
5. Evenly distribute the Greek yogurt mixtures to the muffin cups (there should be six of each flavor).
6. Garnish with berries and freeze for two hours.

View the recipe on YouTube here: <https://www.youtube.com/watch?v=qg1C2uhKC0E>