

## **One-Pan Chicken Bucatini**

## 4-6 Servings

## **Ingredients**

- 1 tablespoon extra-virgin olive oil
- 1 1/2 lbs. boneless, skinless chicken breasts, cut in 1-inch cubes
- 1/2 teaspoon salt
- Freshly ground black pepper
- 2 15-oz cans diced tomatoes with basil, garlic and oregano
- 1/2 can of artichoke hearts, chopped
- 2 cups water
- 16 oz whole-wheat Bucatini or fettucine pasta
- 4 ounces Parmesan or reduced-fat feta cheese, divided
- Fresh parsley or basil, finely chopped

## Instructions

- 1. In a large pot with a lid, heat the olive oil and saute the chicken for 8-10 minutes, or until cooked through. Add salt and pepper (to taste).
- 2. Add the diced tomatoes, artichoke hearts and water. Stir in the pasta and cook, uncovered, for 5 minutes. Cover and let cook an additional 10 minutes.
- 3. Remove the lid, stir, then add half of the cheese. Stir once more, then let cook uncovered for 5 additional minutes. Serve warm, sprinkled with remaining cheese and fresh parsley or basil.

View the recipe video on YouTube here: https://www.youtube.com/watch?v=D7ExytAZE6A